Self-Improvement Plan

Self-Assessment

**Education Goal:**

**I am: Exceeding Self-Expectations Meeting Self-Expectations Making a Strong Effort Attempting/Beginning**

What did I do these two weeks to get closer to or meet my goal?

What obstacles kept me from my goal?

What is my specific plan to work toward my goal this week and overcome obstacles?

What resources have I used to help me meet my goal?

**Buc Brand Goal:**

**I am: Exceeding Self-Expectations Meeting Self-Expectations Making a Strong Effort Attempting/Beginning**

What did I do these two weeks to get closer to or meet my goal?

What obstacles kept me from my goal?

What is my specific plan to work toward my goal this week and overcome obstacles?

What resources have I used to help me meet my goal?

**Mind, Body Spirit Goal:**

**I am: Exceeding Self-Expectations Meeting Self-Expectations Making a Strong Effort Attempting/Beginning**

What did I do these two weeks to get closer to or meet my goal?

What obstacles kept me from my goal?

What is my specific plan to work toward my goal this week and overcome obstacles?

What resources have I used to help me meet my goal?

**Social Goal:**

**I am: Exceeding Self-Expectations Meeting Self-Expectations Making a Strong Effort Attempting/Beginning**

What did I do these two weeks to get closer to or meet my goal?

What obstacles kept me from my goal?

What is my specific plan to work toward my goal this week and overcome obstacles?

What resources have I used to help me meet my goal?